

2014 ESSE Packing List

This packing list is intended to be the minimum required equipment for participating as a student in the Emergency Services & Snow Extravaganza (ESSE). Participants are encouraged to bring equipment they actually intend to use in the field to try their gear under these relatively challenging conditions in a safe training environment.

At any time during training, you may be asked to submit your personal equipment for inspection by the staff, to ensure it is serviceable and safe to use.

If you wish to bring additional items that are not on this list, be forewarned that it may be confiscated if it is found to be inappropriate, or if it interferes with training. Any items that may be confiscated will be returned as appropriate.

- I. Uniforms
 - A. 2 complete BDU uniforms with black fleece or knit cap. This cap may be replaced by a different cold weather hat/balaclava in the field.
 - B. One of the following combinations:
 - Gore-Tex with Liner,
 - Field Jacket with Liner,
 - Insulated civilian outerwear when you do not have uniform outerwear available
 - C. Gore-Tex or other winter pants.
 - D. Enough undergarments (T-shirts, drawers, socks (WOOL SOCKS!), long-johns) to last 5 days.
 - E. Appropriate organizational (CAP, etc) identification, including 101 card, First Aid card, etc.
 - F. Scarf (fleece or wool, 4-5ft long).
 - G. Cold Weather Gloves/mittens
 - H. Glove Liners (examples can be found [here](#)).
 - I. Civilian attire to travel to/from the activity in (if travelling by air).
 - J. Insulated winter boots (e.g., “Bunny Boots,” or other winter boots).
- II. Classroom Materials
 - A. Notebook and pen/pencil;
 - B. Whatever you need.
- III. Field Equipment
 - A. Pack, vest, or harness for gear
 - B. Canteen or water bottles for 2+ quarts of water.
 - C. Vest, reflective, orange.
 - D. Personal first aid kit
 - E. Ground team member’s handbook.
 - F. Signal Mirror.
 - G. Whistle.
 - H. Chap stick.
 - I. 3-4 glow sticks
 - J. Zip-lock bags (several).
 - K. Fire starting tools (matches, lighters, flint & steel, etc).
 - L. Pocket or utility-type knife, multipurpose with can opener.
 - M. Flashlight & spare batteries.
 - N. Sleeping bag (-20° recommended)
- IV. Garrison Equipment
 - A. Personal medication
 - B. Sheets, blanket, & pillowcase
 - C. Towel
 - D. Shower Shoes
 - E. Toiletries (toothbrush, toothpaste, soap, shaving kit as req’d, etc)
- V. Optional Equipment
 - A. Camera (winterized recommended).
 - B. Gold Bond powder.
 - C. Sunglasses or goggles.
 - D. Spare eyeglasses.
 - E. Hand warmers.
 - F. Other personal comfort gear (subject to approval for field use).