

Participant Survey

Please answer these questions and return to the person who gave the Wingman Day presentation.

1. I learned something useful from this presentation.
 - a. True
 - b. False
2. What I learned today will help me, help my family, or help my friends.
 - a. True
 - b. False
3. I know how to find and use information about physical wellness.
 - a. True
 - b. False
4. I am satisfied with my current physical wellness.
 - a. True
 - b. False
5. I plan to improve my physical wellness.
 - a. True
 - b. False
6. Please share any additional thoughts you have regarding this presentation:
